

# Histories of Black Women's Experiences of Maternity and Motherhood in Leicester and Leicestershire



## What is the study about?

We would like to hear about your memories, experiences and thoughts, to understand what pregnancy and maternity care was like in the past for Black mothers.

## What will I be asked to do?

We invite you to participate in a short guided oral history interview (online or face-to-face) with our researcher. It can take place at a time and place convenient for you and will last for around 1 hour.

Your story will be anonymised and insights will be shared with decision makers from University Hospitals Leicester, Leicester City Council public health and Leicestershire Council public health to inform improvement of maternity care and outreach services. Insights will also be shared at a public community event.

## Why is this research needed?

Black mothers across the UK have been found to experience poorer maternal health outcomes. Knowing more about people's past experiences, and how these shape the views and advice they share with younger generations, can help improve the NHS and public health pregnancy and maternity care for Black mothers.

## Would you like to take part?

- Were you pregnant and/or had your baby in Leicester/Leicestershire between 1984-2004?
- Do you identify as Black, African or Caribbean?
- We would love to hear about your stories and memories of pregnancy, childbirth and early motherhood.

**If you would like to take part**, please let us know by contacting our lead researcher Kellie Moss via email at:



[km345@leicester.ac.uk](mailto:km345@leicester.ac.uk)